

TABLE OF CONTENTS

Abbreviations	9
Country codes	10
Foreword	11
Summary	13
Introduction	33
1. The context — employment structure and other features of the transport sector	35
1.1. Employment in the transport sector and its subsectors (land (road and train), water, air)	37
1.2. Gender issues	41
1.2.1. Employment figures by gender	42
1.2.2. Gender issues in the transport sector — studies and initiatives	46
1.3. Distribution by age	51
1.3.1. Employment figures by age	51
1.3.2. Studies and initiatives — older transport workers	54
1.4. Other characteristics of the transport sector	58
1.4.1. Part-time work	58
1.4.2. Migrant workers in transport	61
1.5. Information from the Member States	64
1.6. Exploring the evolution of the transport sector and the reasons behind it	71
1.6.1. Studies to scope the European transport policy	71
1.6.2. Some considerations from an OSH point of view	79
2. Exposure to risks	81
2.1. Physical work factors	82
2.1.1. Exposure to vibrations	83
2.1.2. Painful positions	86
2.1.3. Heavy loads	88
2.1.4. Exposure to noise	92
2.1.5. Exposure to heat and cold	94
2.1.6. Exposure to dangerous substances, vapours, or fumes	96
2.1.7. Exposure to dangerous substances — case studies and initiatives	101
2.1.8. Information on risks	105
2.1.9. Case studies and initiatives — physical risks	106
2.2. Harassment and violence	110
2.2.1. Definition of violence at work	110
2.2.2. Violence and harassment in transport — an overview	111
2.2.3. Violence and harassment — data from the Member States	116
2.2.4. Case studies — violence and harassment	117
2.3. Work organisational factors	124
2.3.1. Repetitive work	124
2.3.2. Pace of work, job control, job content and job support	125
2.3.3. Skills, training, information	132
2.3.4. Technology applications in road transport	133
2.4. Working time	135
2.4.1. Working time — length, shift work, weekend work	135
2.4.2. Case studies and initiatives — working time issues and work organisation	139

3. Health outcomes	141
3.1. Occupational accidents	142
3.1.1. Occupational accidents — EU figures	142
3.1.2. EU accident figures by gender	148
3.1.3. EU accident figures by age	152
3.1.4. Data from the Member States	156
3.1.5. Case studies — accident prevention	163
3.2. Recognised occupational diseases — EU overview	171
3.3. Occupational health problems — spotlights from the Member States	173
3.4. Work-related health problems	176
3.4.1. Musculoskeletal disorders	176
3.4.2. MSDs — data from the Member States	178
3.4.3. Asbestos-related diseases	181
3.4.4. Noise-induced hearing loss	183
3.4.5. Fatigue and other cognitive health problems	185
3.4.6. Case studies and initiatives — fatigue	191
3.4.7. Fatigue, stress and related health problems	198
3.4.8. Case studies and initiatives — stress and work organisation	201
4. Legislation and policies	211
4.1. Transversal legislation and policies	212
4.1.1. Health and safety legislation and working conditions	212
4.1.2. European transport policy	213
4.2. Specific legislation and policies	214
4.2.1. Road transport	214
4.2.2. Rail transport	220
4.2.3. Waterborne transport	222
4.2.4. Air transport	224
5. Methodology	227
5.1. Surveys	228
5.1.1. Labour force survey	228
5.1.2. Surveys on work-related diseases and working conditions	229
5.2. Additional sources	229
6. Discussion and conclusions	231
6.1. Contextual features in transport sector (land (road and train), water, air)	232
6.2. Exposure to risks	234
6.2.1. Physical work factors	234
6.2.2. Road safety	237
6.2.3. Work organisation	238
6.2.4. Working time	239
6.2.5. Psychosocial factors	240
6.3. Health outcomes	241
6.4. Further research	246
6.5. Training	246
6.6. Monitoring and assessing the OSH risks to transport workers	248
6.7. Final considerations	250